

**DEBRA THANA SAHID KSHUDIRAM SMRITI MAHAVIDYALAYA  
DEBRA, PASCHIM MIDNAPORE, WEST BENGAL**



**PROPOSED CURRICULUM & SYLLABUS (DRAFT) OF**

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**BACHELOR OF ARTS (HONOURS)  
MAJOR IN PHILOSOPHY**

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**4-YEAR UNDERGRADUATE PROGRAMME**

*(w.e.f. Academic Year 2024-2025)*

*Based on*  
**Curriculum & Credit Framework for Undergraduate Programmes  
(CCFUP), 2024 & NEP, 2020**

**DEBRA THANA SAHID KSHUDIRAM SMRITI MAHAVIDYALAYA**  
**BACHELOR OF ARTS (HONOURS) MAJOR IN PHILOSOPHY**  
 (under CCFUP, 2024)

Level	YR.	SEM	Course Type	Course Code	Course Title	Credit	L-T-P	Marks			
								CA	ESE	TOTAL	
BA (Hons.)	1st	I	<b>SEMESTER-I</b>								
			Major-1	PHIHMJ101	T: Indian Philosophy	4	3-1-0	15	60	75	
			SEC	PHISEC01	P: Yoga for Stress Management	3	0-0-3	10	40	50	
			AEC	AEC01	Communicative English -1 ( <i>common for all programmes</i> )	2	2-0-0	10	40	50	
			MDC	MDC01	Multidisciplinary Course -1 ( <i>to be chosen from the list</i> )	3	3-0-0	10	40	50	
			VAC	VAC01	ENVS ( <i>common for all programmes</i> )	4	2-0-2	50	50	100	
			Minor (Disc.-I)	PHIMI01	T: Indian Philosophy ( <i>To be taken by students of other Disciplines</i> )	4	3-1-0	15	60	75	
		<b>Semester-I Total</b>						<b>20</b>			<b>400</b>

MJ = Major, MI = Minor Course, SEC = Skill Enhancement Course, AEC = Ability Enhancement Course, MDC = Multidisciplinary Course, VAC = Value Added Course; CA= Continuous Assessment, ESE= End Semester Examination, T = Theory, P= Practical, L-T-P = Lecture-Tutorial-Practical, MIL =Modern Indian Language, ENVS = Environmental Studies

**MAJOR (MJ)**

**MJ-1: Indian Philosophy**

**Credits 04 (Full Marks: 75)**

**MJ-1T: Indian Philosophy**

**[Theory: 60 lectures]**

**Course contents:**

- A. Introduction: Basic features of Indian Philosophy, the difference between Philosophy and *Darśana*, Āstika and Nāstika Schools, *Vedas* and *Upaniṣads*. **[4 lectures]**
- B. Cārvāka Philosophy - Epistemology, Metaphysics, Ethics. **[6 lectures]**
- C. Jaina Philosophy - Basic concepts of Jaina Philosophy, Anekāntavāda, Syādvāda and Saptabhaṅginaya, Jaina Ethics: anubrata and mahābrata. **[8 lectures]**
- D. Bauddha Philosophy: Four Noble Truths, Theory of Dependent Origination (Pratītyasamutpāda-vāda), Definition of Reality (Arthakriyākāritva), Doctrine of Momentariness, (Kṣanabhangavāda), Theory of no-soul (Nairātmyavāda), Four Schools of Buddhism (Basic tenets). **[11 lectures]**
- E. Nyāya Philosophy:
1. Pramā and Apramā, Different kinds of Pramāṇa, Pratyakṣa and its classification, Sannikarṣa.
  2. Anumāna: Vyāpti, Parāmarśa, Classification of Anumāna.
  3. Upamāna.
  4. Śabda. **[19 lectures]**
- F. Vaiśeṣika Philosophy: Seven Padārthas, Atomism. **[10 lectures]**
- G. Basic Concepts of Vedanta Philosophy **[2 Lectures]**

**Suggested Readings:**

**English:**

1. Hiriyana, M: (1951), *Outlines of Indian Philosophy*, London: Allen & Unwin.
2. Sharma, C.D. (2003) *Critical Survey of Indian Philosophy*, Delhi: Motilal Banarsidass.
3. Chatterjee, S.C. & D.M. Datta (1984), *An Introduction to Indian Philosophy*, reprint, University of Calcutta.
4. Mohanty, J.N. (1992), *Reason and Tradition in Indian Thought*, Oxford, Clarendon Press.
5. Dasgupta, S.N. (2004), *A History of Indian Philosophy*, vol.1, Delhi, Motilal Banarasidass Publishers, Pvt. Ltd.
6. Radhakrishnan, S. (1929), *Indian Philosophy*, Volume I & II, Muirhead Library of Philosophy, 2nd edition, London: George Allen and Unwin.
7. J.N. Sinha, *Indian Philosophy* (Vol. I & II), Sinha Publishing; Calcutta; 1956.
8. Ramakrishna Bhattacharya, *Studies on the Carvaka/Lokayata*, Anthem Press, 2011.

9. T.R.V. Murti, *The Central Philosophy of Buddhism*, Routledge Taylor & Francis Group, New York, 1955.
10. K.P. Sinha, *Reflections on Indian Philosophy*., Chaukhamba Orientalia, Delhi, 1984.
11. K.P. Sinha, *Philosophy of Jainism*, South Asia Books, 1990.
12. S.C. Chatterjee, *Nyaya Theory of Knowledge*, University Of Calcutta, 1939.
13. D.M. Dutta, *Six Ways of Knowing*, University Of Calcutta, 1960.
14. Sadananda Bhaduri, *Nyaya-Vaisesika Metaphysics*, Bhandarkar Oriental Research Institute, Poona, 1946.
15. Annambhatta, *Tarka Samgraha* with Dipika, edited by, Gopinath Bhattacharya, Progressive Publisher, Kolkata 1976.
16. Kesava Misra, *Tarkabhasa*, translated and elucidated by Gangadhar Kar, Volume 1, Centre of Advanced Study in Philosophy, 2009.
17. Nakamura Hajime. *A History of Early Vedanta Philosophy*, Motilal Banarsidass, New Delhi, 2004.
18. Deussen Paul. *The System Of The Vedanta*, Motilal Banarsidass, New Delhi, 1912.

### **Bengali:**

1. Debabrata Sen. *Bharatiya Darshan*, Benarjee Publishers, Calcutta,1955.
2. Pradyot Kumar Mandal, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2010.
3. Dipak Kumar Bagchi, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2014.
4. *Bharatiya Darshan: Nirodbaran Chakraborty*
5. *Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti*
6. Debiprasad Chattopadhyay. *Lokayata Darshan*, New age Publishers Pvt. Ltd. 1363.
7. Ramakrisna Bhattacharya. *Carvakacarca*, NBA Publication, 2017.
8. *Carvaka Darshan: Panchanan Sastri*
9. *Carvaka Darshan: Amit Kumar Bhattacharya*
10. Swami Vidyananya. *Bauddha Dharma O Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2020.
11. *Bauddha Darshan: Panchanan Sastri*
12. Dakshina Ranjan Sastri, *Carvaka Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1982.
13. Karuna Bhattacharya, *Nyaya-Vaisesika Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata.
14. *Gautama Buddher Darshan o Dharma: Sukomol Choudhury*
15. *Bauddha Darshan: Amit Kumar Bhattacharya*
16. *Jainadarshaner Digdarshan: Satindra Chandra Bhattacharya*
17. Phanibhushan Tarkavagisha. *Nyaya Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata,2015.
18. Phanibhushan Tarkavagisha. *Nyaya Paricaya*, Paschim Banga Rajya Pustak Parsat, Kolkata,1978.
19. *Nyaya Tattva Parikrama: Kalikrishna Bandyopadhyaya.*
20. Mukhapaddhay, Upendranath. *Vedantasar*, Satishchandra Mukhapadhyay, Kolkata, 1932.

**MINOR (MI)**

**MI – 1: Indian Philosophy**

**Credits 04 (Full Marks: 75)**

**MI – 1T: Indian Philosophy**

**[Theory: 60 lectures]**

**Course contents:**

- A. Introduction: Basic features of Indian Philosophy, the difference between philosophy and *Darśana*. **[6 lectures]**
- B. Cārvāka System - Epistemology, Metaphysics, Ethics. **[10 lectures]**
- C. Jaina System - Basic concepts of Jaina Philosophy, Anekāntavāda, Syādvāda and Saptabhaṅginaya, Jaina Ethics. **[13 lectures]**
- D. Bauddha System: Four Noble Truths, Theory of Dependent Origination (Pratītyasamutpāda-vāda), Doctrine of Momentariness, (Kṣanabhangavāda), Theory of no-soul (Nairātmyavāda) **[15 lectures]**
- E. Nyāya System: Pramā and Pramana, Different kinds of Pramāṇa, Pratyakṣa and its classification, Sannikarṣa. **[16 Lectures]**

**Suggested Readings:**

**English:**

1. Hiriyana, M: (1951), *Outlines of Indian Philosophy*, London: Allen & Unwin.
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12. S.C. Chatterjee, *Nyaya Theory of Knowledge*, University Of Calcutta, 1939.
13. D.M. Dutta, *Six Ways of Knowing*, University Of Calcutta, 1960.
14. Sadananda Bhaduri, *Nyaya-Vaisesika Metaphysics*, Bhandarkar Oriental Research Institute, Poona, 1946.
15. Annambhatta, *Tarka Samgraha* with Dipika, edited by, Gopinath Bhattacharya, Progressive Publisher, Kolkata 1976.
16. Kesava Misra, *Tarkabhasa*, translated and elucidated by Gangadhar Kar, Volume 1, Centre of Advanced Study in Philosophy, 2009.

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1. Debabrata Sen. *Bharatiya Darshan*, Benarjee Publishers, Calcutta, 1955.
2. Pradyot Kumar Mandal, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2010.
3. Dipak Kumar Bagchi, *Bharatiya Darsan*, Progressive Publishers, Kolkata, 2014.
4. *Bharatiya Darshan: Nirodbaran Chakraborty*
5. *Sayan Madhaviya Sarva Darshan Samgraha: Satyajyoti Chakraborti*
6. Debiprasad Chattopadhyay. *Lokayata Darshan*, New age Publishers Pvt. Ltd. 1363.
7. Ramakrisna Bhattacharya. *Carvakacarca*, NBA Publication, 2017.
8. *Carvaka Darshan: Panchanan Sastri*
9. *Carvaka Darshan: Amit Kumar Bhattacharya*
10. Swami Vidyananya. *Bauddha Dharma O Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2020.
11. *Bauddha Darshan: Panchanan Sastri*
12. Dakshina Ranjan Sastri, *Carvaka Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1982.
13. Karuna Bhattacharya, *Nyaya-Vaisesika Darsan*, Paschim Banga Rajya Pustak Parsat, Kolkata.
14. *Gautama Buddher Darshan o Dharma: Sukomol Choudhury*
15. *Bauddha Darshan: Amit Kumar Bhattacharya*
16. *Jainadarshaner Digdarshan: Satindra Chandra Bhattacharya*
17. Phanibhushan Tarkavagisha. *Nyaya Darshan*, Paschim Banga Rajya Pustak Parsat, Kolkata, 2015.
18. Phanibhushan Tarkavagisha. *Nyaya Paricaya*, Paschim Banga Rajya Pustak Parsat, Kolkata, 1978.

**SKILL ENHANCEMENT COURSE (SEC)**

**SEC 1: Yoga for Stress Management**

**Credits 03**

**SEC1P: Yoga for Stress Management**

**Full Marks: 50**

**Course Outline:**

- a) Introduction to Yoga for stress management
- b) Stress according to Western Perspectives
- c) Stress Hazards and Yoga
- d) Meeting of the Challenges of Stress
- e) Role of Yoga in prevention and management of stress-related disorders- a summary of research evidence
- f) Meditation: 'OM' meditation and pranayama

**Assessment:**

- A. A detailed report must be submitted to the concerned college by the candidate with the picture of practical activities.**
- B. Viva-voce**

**Suggested Readings:**

1. H.R. Nagendra and R Nagarathna, *Yoga for Promotion of Positive Health*, Swami Vivekananda Yoga Prakashana, 2001.
2. R. Contrada and A.Barun, *The Handbook of Stress Science: Biology, Psychology and Health*. Springer Publishing Company, 2011.
3. Al'Absi, M. (Ed.). *Stress and Addiction: Biological and Psychological Mechanisms*, Elsevier Academic Press, 2007.
4. Paul M. Lehrer and Robert L. Woolfolk edit. *Principles and Practice of Stress Management*, Guilford Publications, 2021.
5. Swami Muktibodhananda, *Hatha Yoga Pradipika*, Bihar School of Yoga, 1999.
6. Sen Atul Chandra, *Srimad Bhagavad Gita* , Haraf Prakashani, 2000.